

ALLERGENS

NIBBLES AND SMALL PLATES

Sausage Roll | 5 Cereals/Gluten, Eggs, Milk, Mus-

Whitebait | 5 Cereals/Gluten, Eggs, Fish, Mustard

Crispy Prawns | 5 Cereals/Gluten, Fish, Mustard

Potted Duck | 8 Cereals/Gluten, Sulphur Dioxide

St Austell Bay Deep Sea Mussels 7.5 Celery, Cereals/Gluten, Molluscs,

Triple-Cooked Chips | 4.5

Baby Squid | 5

Cereals/Glute, Eggs, Molluscs, Mustard

Mixed Olives | 3 **Sulphur Dioxide**

Bread and Butter | 3.5 Cereal/Gluten, Milk

Chunky Polenta Chips | 5 Cereals/Gluten, Eggs, Milk, Mustard, Sulphur Dioxide

Onion Soup | 8 Cereals/Gluten, Milk

Baked Tunworth | 15 Cereal/Gluten, Milk, Mustard,

SANDWICHES served until 4pm

all sandwiches are served with fries and mixed leaves salad

Steak Baquette | 12 Cereals/Gluten, Eggs, Milk, Mus-

Club Sandwich | 12 Cereals/Gluten, Milk, Eggs, Mustard, Celery

Pastrami Sandwich | 12 Cereals/Gluten, Sulphur Dioxide, Mustard, Celery

Scottish Smoked Salmon

Bagel 12 Cereals/Gluten, Fish, Milk, Sulphur Dioxide

Cheddar Ploughman | 10 Cereals/Gluten, Milk, Sulphur Dioxide

BURGERS

The Plough Beef Burger | 15 Cereals/Gluten, Eggs, Milk, Mustard, Sulphur Dioxide, Celery

Make it double | 18

The Plough Chicken Burger | 13 Cereals/Gluten, Eggs, Milk, Mustard, Sulphur Dioxide, Celery

Make it double | 16

Venison Burger | 15 Cereals/Gluten, Eggs, Milk, Mustard, Sulphur Dioxide

Pulled Mushroom Burger | 12 Cereals/Gluten, Mustard, Sesame seeds, Sulphur Dioxide

Fish Finger Sandwich | 12 Cereals/Gluten, Fish, Eggs, Mustard, Sulphur Dioxide, Milk

MAINS

Cotswold Sausage & Mash | 10 Celery, Cereals/Gluten, Milk, Mustard

Gammon Steak | 12.5 Eggs

St Austell Bay Deep Sea Mussels | 14.5 Celery, Cereals/Gluten, Molluscs, Milk

28 Day Aged Sirloin Steak | 25

Wild Mushroom Risotto | 14 Cereals/Gluten

The Plough Fish & Chips | 15 Cereals/Gluten, Fish, Eggs, Mustard, Sulphur Dioxide

Beef Short Rib | 20 Cereals/Gluten, Eggs, Sulphur Dioxide

Steak And Ale Pie | 13.5

Milk, Cereals/Gluten

Lentil Shepherd's Pie | 12.5

Milk, Cereals/Gluten, Celery

Skin on Fries | 3.5

SIDES

Mashed Potato | 4

Buttered Seasonal Vegetables | 4 Milk

Coleslaw | 4 Eggs, Sulphur -Dioxide

Seasonal House Salad | 4

MEAT & CHEESE BOARDS

Charcuterie Board | 12 Cereals/Gluten, Sulphur Dioxide

Cheese Board | 12 Cereals/Gluten, Milk, Sulphur Dioxide

Mixed Platter | 15

Cereals/Gluten, Milk, Sulphur Dioxide

DESSERTS

Warm Chocolate Brownie | 8 Milk, Eggs, Cereals/Gluten

Baked Vanilla Cheesecake | 8 Cereals/Gluten, Eggs, Milk

Nutmeq Crème Brûlée | 8 Eggs, Milk, Nuts

Selection of Ice Creams, Sorbets 1, 2 or 3 Scoops

£1.5 / Scoop Milk, Egg

Cheese Board | 8

Cereals/Gluten, Milk, Sulphur Dioxide

Allergen information for every dish is available upon request www.ploughat38.com





A discretionary 12.5 % service charge will be added to your bill. This is directly distributed to all the team members who contributed to your meal with us today.